







Nurse-Family Partnership Community Advisory Board SMART, CREATIVE, ENGAGED THINKERS & DOERS TO TRANSFORM THE LIVES OF FAMILIES IN YOUR COMMUNITY BY BREAKING CYCLES OF INTERGENERATIONAL POVERTY

Nurse-Family Partnership ® (NFP) is an evidence-based, voluntary community health program that helps transform the lives of vulnerable mothers and their children. Each first-time mother is partnered with a registered nurse and receives ongoing nurse home visits beginning early in pregnancy and continuing through the child's second birthday.

How does NFP change lives and communities?

- 1. Improves pregnancy outcomes by helping women to engage in good preventive health practices, including participation in prenatal care, improving their nutrition, reducing their use of cigarettes, alcohol and harmful substances, and providing guidance for first-time moms about what to expect during pregnancy, birth, and beyond.
- 2. Improves child health and development by helping families develop skills to provide nurturing and competent care for their children and empowering parents with the resources to become the best parents they can be.
- 3. Improves economic self-sufficiency of families by helping parents to develop a vision for their future and the future of their first child, including goals to continue their education and secure employment.

St. Luke's VNA Nurse-Family Partnership Needs You!

How can you get involved? Join our NFP Community Advisory Board

The purpose of a NFP Community Advisory Board (CAB) is to meet the needs identified by the local NFP agency and to provide support in an advisory capacity to achieve the program mission. NFP CAB's are comprised of highly committed individuals and organizations that share a passion for positively impacting the lives of families in their communities.

Building broad community support for NFP in the Lehigh Valley is a key component to our long-term sustainability and success of our program. Community involvement on our CAB by a wide range of individuals and organizations will strengthen our efforts to positively impact the lives the families we serve. Your much needed leadership and expertise will help to support, sustain and grow our NFP program.

We are seeking CAB members who are:

- Leaders from partner organizations in health and human services, education, workforce development, child welfare, criminal justice, and others
- NFP referral partners (e.g., WIC, health providers, schools)
- Business, foundation higher education and health care leaders
- Advocates for children and families
- Policy makers
- Representatives from faith-based organizations
- Formal and informal community and neighborhood leaders
- NFP graduates

The functions and responsibilities of CAB members may include:

- Attend regularly-scheduled CAB meetings
- Develop a deep understanding of the impact of NFP through involvement with our program staff and clients (e.g. shadow a home visit or family socialization, attend client graduation or other NFP event)
- Build strategy and participate in community engagement efforts to increase awareness about NFP, ensure strong referral networks and support the program goals to sustain and grow a high quality program
- Actively engage and mobilize community partners, funders and advocates to identity and pursue opportunities for financial support and resources to meet the needs of our program and our families
- Build strategy and advocate on behalf of NFP among elected officials, policymakers and other political leaders at the local, state and national levels
- Participate in an aggressive search for additional funding sources beyond the established funding structure to ensure the ongoing viability of the program
- Monitor program progress and assist with communication to key stakeholders regarding its successes
- Engagement and education of elected officials, policymakers and staff about NFP's impact on your local community
- Review program outcomes, continuous quality improvement activities and assist in the development of goals for future program growth and development



- Discuss the general challenges and barriers clients face in meeting their goals and assist the NFP team in brainstorming solutions
- Promote and discuss additional opportunities for community collaboration
- Review and make recommendations on potential additional or replacement CAB members
- Support the nurse home visitors with encouragement and resources

Become a change agent for first-time mothers! Visit us at www.NurseFamilyPartnership.org/locations to get connected with a local NFP program for more information about becoming a NFP Community Advisory Board member in your community or refer families to our services.